IMPORTANT NOTICE TO ALL PATIENTS

STOP

DO YOU HAVE:

Fever & Cough?

Please tell the staff immediately!

Minnesota Department of Health
625 N Robert Street
St. Paul, MN 55155
651-201-5414 or 1-877-676-5414
www.health.state.mn.us

Minnesota Antibiotic Resistance Collaborative

Thanks to the New York City Department of Health and Mental Hygiene
PLEASE ASK FOR A MASK IF YOU'RE COUGHING OR HAVE OTHER RESPIRATORY SYMPTOMS

Also let us know if you have traveled outside of the country in the past 14 days or have been in close contact with anyone with a confirmed case of the coronavirus disease.

We ask you to wear the mask to protect our staff and other patients from your illness.

Our staff will be happy to help you!

www.publichealth.va.gov/ InfectionDontPassItOn Veterans Affairs
Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms* can include:
- FEVER
- COUGH
- SHORTNESS OF BREATH

*Symptoms may appear 2-14 days after exposure.

Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.

For more information: [www.cdc.gov/COVID19-symptoms](http://www.cdc.gov/COVID19-symptoms)
You have traveled to a country with an outbreak of COVID-19 and are at higher risk. COVID-19 is a respiratory illness that can spread from person to person.

Stay Home
Stay home for the next 14 days and monitor your health. Take your temperature with a thermometer two times a day and watch for symptoms.

If you feel sick and have symptoms:
• Call ahead before you go to a doctor’s office or emergency room.
• Tell the doctor about your recent travel and your symptoms.
• Avoid contact with others.
• Do not travel while sick.

Visit the website for more information on monitoring your health and how to contact local public health officials. Visit: www.cdc.gov/COVIDtravel
Spreading germs is OUT.
Handwashing is IN!

Handwashing is one of the most important things we can do to avoid getting sick and spreading germs to others.

www.cdc.gov/handwashing
KEEP CALM AND WASH YOUR HANDS
Help prevent the spread of respiratory diseases like COVID-19.

- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick, except to get medical care.
- Wash your hands often with soap and water for at least 20 seconds.

For more information: www.cdc.gov/COVID19